

'ŌKUPU

The Path of Aloha Begins Within You

'Ōkupu is a path of meditation and spiritual self-knowledge rooted in the ancestral wisdom of Hawai'i.

'Ōkupu means to put forth new growth, or to come into being in the manner of clouds, which may appear as if from nowhere, without source or cause.

In 'Ōkupu meditation, we discover that, like the young plants, like the clouds, the life-force is constantly unfolding within us. This is the true *Aloha*: primordial, unconditional love expressing itself as the universal creative force, the vibrant wellspring of existence. As we direct our

attention inward, we are immersed in Spirit and reconnected to our infinite source.



'Ōkupu honors the Earth, the ancestors, and the wisdom and creativity of the individual.

Pili (Lyn'Unihipiliowailelepualu Hilliard) is a traditional healer, musician, and teacher. He has explored the infinite source of life, love, and awareness for more than forty years, and is known for his skill as a guide on the inner journey.

WEDNESDAY, JUNE 10, 2009 ~ 7:00 PM to 9:00 PM
Join us for an experiential evening of journeying & discussion:

AN INTRODUCTION TO 'ŌKUPU & THE PATH OF ALOHA

RVML (Rogue Valley Metaphysical Library)
258 A St, Ashland OR 97520 ~ UPSTAIRS in Suite 7
Admission by donation (\$10.00 suggested)

WWW.ŌKUPU.COM